



Crystal Chem

IGFBP-1 ELISA Kit Instructions

For the quantitative determination of IGFBP-1 in
human serum, plasma, fluids, saliva, and cell culture media

**Catalog #80576
96 Assays**

For research use only. Not for use in diagnostic procedures.

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Catalog #80576

TABLE OF CONTENTS

<i>A. Intended Use</i>	1
<i>B. Introduction</i>	1
<i>C. Principles of the Assay</i>	1
<i>D. Kit Storage</i>	1
<i>E. Assay Materials</i>	
E.1. Materials provided.....	1
E.2. Materials to be supplied by user	2
<i>F. Assay Precautions</i>	2
<i>G Maximizing Kit Performance</i>	2
<i>H. Sample Collection</i>	2
<i>I. Assay Procedure</i>	
I.1. Preparation of reagents	2
I.2. Dilution of samples and controls	3
I.3. Assay procedure	3
I.4. Determining the IGF1P-1 concentration	4
<i>J. Performance characteristics</i>	
J.1. Assay range.....	4
J.2. Precision	4
J.3. Cross reactivity	4
<i>Warranty</i>	4

A. Intended Use

The IGFBP-1 ELISA kit is for the quantitative determination of IGFBP-1 in human serum, plasma, fluids, saliva, and cell culture media. Please read the complete kit insert before performing this assay. The kit is for RESEARCH USE ONLY. It is not intended for use in diagnostic procedures.

B. Introduction

IGFBP-1 (Insulin-like Growth Factor Binding Protein-1), also known as placental protein 12, consists of 234 amino acids and is primarily synthesized by foetal and adult liver tissue. Changes in IGFBP-1 levels have been used as markers in a variety of diseases such as hyperinsulinism, pre-eclampsia, and trisomy 18.

C. Principle of the Assay

The IGFBP-1 ELISA kit is an ELISA sandwich assay for IGFBP-1. It utilizes two specific and high affinity antibodies for this protein. IGFBP-1 in the sample binds to the first antibody coated on the microtiter plate. In following steps, the biotinylated and enzyme conjugated second specific anti-IGFBP-1 antibody binds in turn to the immobilized IGFBP-1. In the closing substrate reaction, the IGFBP-1 levels of the samples can be measured by color intensity.

D. Kit Storage

1. Upon receipt of the IGFBP-1 ELISA kit, store it at 2-8°C and avoid light exposure (do not freeze the kit or hold it at temperatures above 25°C).
2. The kit should not be used after the expiration date.

E. Assay Materials

E.1. Materials provided

TABLE 1 Contents of the kit

Mark	Description	Amount
MIC	Antibody-coated Microplate (12 x 8)	1 pack
STD1-7	Standards	1 x 7 vials
CON1-2	Controls	1 x 2 vials
AB CONJ	Antibody Conjugate	1 x 6 mL
ENZ CONJ	Enzyme Conjugate	1 x 12 mL
DIL	Dilution Buffer	1 x 125 mL
WASH	Wash Buffer (20X Concentrate)	1 x 50 mL
SUB	Substrate Solution	1 x 12 mL
STOP	Stop Solution	1 x 12 mL
	Sealing tape for plate	2x, adhesive

E.2. Materials required but not provided

Micropipettes and disposable tips
Distilled or deionized water
Polypropylene microtubes
Standard laboratory glassware for buffer and reagent preparation
Vortex mixer
Microplate reader (capable of reading A_{450} and A_{630} values)

F. Assay Precautions

1. Only appropriately-trained personnel should use the kit. Laboratory personnel should wear suitable protective clothing. All chemicals and reagents should be considered potentially hazardous. Avoid ingestion and contact with skin and eyes.
2. Some assay components may contain human sourced materials. Accordingly, all assay components should be handled as if potentially infectious using safe laboratory procedures.
3. Do not use the reagents after the expiration date.
4. Reagents are light sensitive and should be protected from sunlight.

G. Maximizing Kit Performance

1. Each calibrator and sample should be assayed in duplicate.
2. Given the sample volumes required (20 μ L), pipetting should be done as carefully as possible. A high quality 50 μ L or better precision pipette should be used for such volumes. Drops of liquid adhering to the outside of the pipette tips should be removed by wiping to ensure the highest degree of accuracy.
3. In order to prevent the microplate wells from drying out and to get the best results, samples and reagents should be dispensed quickly into the wells.
4. The same sequence of pipetting and other operations should be maintained in all procedures.
5. Do not mix reagents that have different lot numbers.

H. Sample Collection

Serum and plasma samples collected with EDTA or Heparin anticoagulant, as well as other body fluid samples, can be used. Hemolytic samples should be avoided. Samples should be chilled as soon as possible after sample withdrawal. Results in Citrate-plasma are about 15% reduced. For long-term storage, store samples at -20°C . Avoid repeated freeze-thaw cycles of samples.

I. Assay Procedure

I.1. Preparation of reagents

1. Antibody-coated microplate
Provided as ready to use. Protect from moisture.
2. Standards 1-7
Standards are provided in lyophilized form with concentrations ranging from 0 ng/mL to 8 ng/mL. Dilute each standard with 0.5 mL of Dilution Buffer. After reconstitution, it is recommended that standards be allowed to sit for 15 mins at room temperature and then mixed thoroughly but gently with a Vortex mixer. Reconstituted standards are stable for three months at -20°C . Standards should not be repeatedly thawed, so standards should be appropriately aliquoted in appropriate volumes prior to being frozen. Thaw aliquots rapidly but gently. Standards are provided in the following concentrations: 0, 0.1, 0.5, 1, 2, 4, and 8 ng/mL.

Catalog #80576

3. Controls 1-2
Controls are provided in lyophilized form with target value and ranges included on their labels. Dilute controls with 250 μ L of Dilution Buffer. After reconstitution, it is recommended that controls be allowed to sit for 15 mins at room temperature and then mixed thoroughly but gently with a Vortex mixer. Reconstituted controls are stable for three months at -20°C . Controls should not be repeatedly thawed, so controls should be appropriately aliquoted in appropriate volumes prior to being frozen.
4. Antibody Conjugate
Provided as ready to use.
5. Enzyme Conjugate
Provided as ready to use.
6. Dilution Buffer
Provided as ready to use. Please shake before each use.
7. Wash Buffer (20X Concentrated)
The wash buffer has to be diluted 1:20 with distilled or deionized water prior to use. For example, 50 mL of wash buffer must be diluted with 950 mL of distilled or deionized water. Wash buffer is stable for 4 weeks at $2-8^{\circ}\text{C}$ after dilution, so dilute only as needed.
8. Substrate Solution
Provided as ready to use. *Photosensitive*.
9. Stop Solution
Provided as ready to use.

I.2. Dilution of samples and controls

Samples and controls need to be diluted with Dilution Buffer for use with the assay. Please note that this section only applies to samples and controls, not standards. A sample dilution of 1:16 is generally suitable for serum and plasma samples and should be performed as follows:

- a. Dilute 1:16 by mixing 20 μ L of sample or control with 300 μ L of Sample Buffer.
- b. Mix samples immediately and use within 1 hour.

Since IGFBP-1 levels can vary, particularly in different body fluids, dilution ratios will need to be adjusted as appropriate.

I.3. Assay procedure

Prior to running the assay, all reagents should be brought to room temperature for at least 30 minutes. Reagents should be stored at $2-8^{\circ}\text{C}$ immediately after use. Before use, mix the reagents thoroughly by gentle agitation or swirling. *Avoid foaming*.

1. In each well, add 50 μ L of Antibody Conjugate and 50 μ L of diluted sample or 50 μ L of standard or 50 μ L of diluted control and mix well by repeated pipetting.
2. Cover the wells with sealing tape and incubate the plate for 1 hour at room temperature.
3. Aspirate well contents and wash five times using 300 μ L of 1X Wash Buffer per well. After each wash, remove any remaining solution by inverting and tapping the plate firmly on a clean paper towel.
4. Add 100 μ L of the Enzyme Conjugate to each well.
5. Cover the wells with sealing tape and incubate the plate for 30 mins at room temperature.

Catalog #80576

6. Aspirate well contents and wash five times using 300 μ L of 1X Wash Buffer per well. After each wash, remove any remaining solution by inverting and tapping the plate firmly on a clean paper towel.
7. Add 100 μ L of Substrate Solution in each well.
8. Incubate the plate for 15 mins in dark room at room temperature.
9. Stop the reaction by adding 100 μ L of Stop Solution.
10. Measure absorbance within 30 minutes using a plate reader (measure A_{450} values and subtract A_{630} values).

I.4. Determining the IGFBP-1 concentration

1. Using computer software, construct the IGFBP-1 calibration curve by plotting the mean change in absorbance value for each standard (incl. blanks) on the Y axis versus the corresponding IGFBP-1 concentration on the X axis. A higher-grade polynomial, four parametric logistic (4-PL) curve fit, or non-linear regression are suitable for the evaluation.
Note: A calibration curve should be plotted every time the assay is performed.
2. IGFBP-1 concentrations in the samples are interpolated using the calibration curve and mean absorbance values for each sample. For diluted samples and controls, the values obtained must be multiplied by the dilution factor (ie. 16) to obtain the final IGFBP-1 concentration. The IGFBP-1 concentration is expressed in ng/mL.
Note: Samples with high IGFBP-1 concentrations (ie. fall above the range of the assay) should be further diluted with the Dilution Buffer and rerun.

J. Performance characteristics

J.1. Assay range

The IGFBP-1 ELISA Kit has an assay range from 0.1 – 8 ng/mL. The analytical sensitivity of the assay is 0.02 ng/mL.

J.2. Precision

The assay has a within-run and total precision of CV < 10%.

J.3. Cross reactivity

Negligible cross reactivity with IGFBP-2 and IGFBP-3.

Warranty

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